



Your  
Top 10  
for  
2025

Guided Worksheets by  
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# *Your Top 10 for 2025*

Reflecting on the year helps you spot the gems you've gathered along the way and gives you the clarity to lay the foundation for your best future.

Allow the following questions to guide you to connect with what truly matters.

How would you describe 2025?

What challenges did you face in 2025?

What did you learn about yourself through your challenges?

What brought you the most joy in 2025?

What surprised and delighted you about 2025?

How did you grow and change in 2025?

What are you most proud of in 2025?

What is most meaningful to you about 2025?

**What are your Top 10 experiences from 2025?**

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Fill in the circle with the most meaningful gem you gathered from 2025.



Journal about how everything you experienced in 2025 can help you lay an empowered foundation for the year ahead....

Honor your life experiences  
and keep growing into your  
fullest expression!